



Fraternal Order of Police

# CHICAGO LODGE 7

Official Magazine • February 2023

**The 2023 Vote**  
**Chicago Lodge 7 Endorsements**  
 FOR CHICAGO MUNICIPAL ELECTIONS

**FOR MAYOR**  
**PAUL VALLAS**

**FOR CITY COUNCIL**

<b>6th Ward Barbara Bunville</b>	Alderman	<b>YES/Member</b>
9th Ward Anthony Beale	Alderman	<b>YES</b>
<b>10th Ward Jessica Venegas</b>	Alderman	<b>YES/Member</b>
<b>10th Ward Peter Chico</b>	Alderman	<b>YES/Member</b>
<b>11th Ward Anthony Ciaravino</b>	Alderman	<b>YES/Member</b>
13th Ward Marty Quinn	Alderman	<b>YES</b>
14th Ward Raul Reyes	Alderman	<b>YES</b>
15th Ward Raymond Lopez	Alderman	<b>YES</b>
<b>16th Ward Carolynn Crump</b>	Alderman	<b>YES/Member</b>
18th Ward Derrick Curtis	Alderman	<b>YES</b>
<b>19th Ward Michael Cummings</b>	Alderman	<b>YES/Member</b>
<b>20th Ward Jennifer Maddox</b>	Alderman	<b>YES/Member</b>
<b>21st Ward Daliah Goree</b>	Alderman	<b>YES/Member</b>
23rd Ward Silvana Tabares	Alderman	<b>YES</b>
24th Ward Drewone Goldsmith	Alderman	<b>YES</b>
26th Ward Julian Perez	Alderman	<b>YES</b>
28th Ward Beverly Miles	Alderman	<b>YES</b>
33rd Ward Samie Martinez	Alderman	<b>YES</b>
<b>37th Ward Howard Ray</b>	Alderman	<b>YES/Member</b>
38th Ward Nicholas Sposato	Alderman	<b>YES</b>
39th Ward Samantha Nugent	Alderman	<b>YES</b>
40th Ward Jane Lucius	Alderman	<b>YES</b>
41st Ward Anthony Napolitano	Alderman	<b>YES</b>
43rd Ward Steve Botsford	Alderman	<b>YES</b>
44th Ward Bennett Lawson	Alderman	<b>YES</b>
45th Ward James Gardiner	Alderman	<b>YES</b>

**Election Day Tuesday,  
February 28, 2023**

**Your 2023 City Election  
Voter's Guide  
See Page 37**

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For more information visit  
[go.depaul.edu/FOP](https://go.depaul.edu/FOP) or email  
our Business Development  
Manager, Ed Ramsay at  
[eramsay@depaul.edu](mailto:eramsay@depaul.edu)





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**Lodge 7 Magazine Main Number:** 312-515-7523  
**Advertising:** 201-370-4082  
**Editorial:** 201-370-4082  
**Distribution:** 201-880-7288  
**Subscriptions:** subs@chicagofopmagazine.com  
**Email:** cops@chicagofopmagazine.com  
**Website:** www.chicagofopmagazine.com  
**Chicago FOP Lodge Main Number:** 312-733-7776



## Make Your Vote Count

Chicago Lodge 7 has made its endorsements for the Feb. 28 City election, starting with Paul Vallas for mayor. And has tabbed the key wards where electing FOP-endorsed candidates can give the City Council the ability to really make a difference for Chicago Police Officers and their families. Among those are nine Lodge 7 members who have stepped up to run for City Council. The Lodge 7 Magazine Voter's Guide details why these members are ready to do the job, why Vallas is the right person for the top job and why your vote counts this year more than ever.

See Voter's Guide on page 37

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**FEBRUARY 2023 ■ VOLUME 9, NO. 2**

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## MESSAGES FROM LODGE 7

President's Report .....	<b>Page 5</b>	FOP Labor Report .....	<b>Page 20</b>
The 4-1-1 .....	<b>Page 8</b>	FOP Legal Report .....	<b>Page 22</b>
First Vice President's Report .....	<b>Page 10</b>	Legislative Report .....	<b>Page 24</b>
Second Vice President's Report .....	<b>Page 11</b>	Portraits by Peter Bucks .....	<b>Page 25</b>
Recording Secretary's Report .....	<b>Page 12</b>	Compliments of Rabbi Moshe .....	<b>Page 26</b>
Financial Secretary's Report .....	<b>Page 14</b>	From Your Directing Chaplain .....	<b>Page 27</b>
Field Representative Report .....	<b>Page 15</b>	FOP Benefits .....	<b>Page 28</b>
Retired Members .....	<b>Page 18</b>	Officer Awards .....	<b>Page 32</b>
Deceased Members .....	<b>Page 19</b>	Members Only Section .....	<b>Page 45</b>

## INSIDE STORIES



**Photographs and Memories**



**Making an IMPACT**



# CHICAGO LODGE 7

Official Magazine

President's Report



## Voteworthy



**JOHN CATANZARA JR.**

Presenting the list of the Lodge 7-endorsed candidates on the cover of this issue resonates for so many reasons. First and foremost is a call to action for all members – and their family members, relatives, friends and neighbors – to vote in what no doubt is the most important election ever for Chicago Police Officers.

Secondly, when you get to the polls on Tuesday, Feb. 28, or if you are voting early, note some of the highlights on our endorsement list. Beyond voting for Paul Vallas for mayor (more about that in a minute), take a closer look at the names in boldface. These are nine Lodge 7 members who have stepped up to run for City Council. All of these members are uniquely and supremely qualified to join the growing number of pro-police aldermen who know what City Hall apparently does not: how to make the City safe again and the Department functional again.

Thirdly, we need members to vote for all our endorsed candidates because we have worked hard on these relationships, and these are elected officials who have covered our backs. This will only improve in the next council at a time when you need it most.

And the depth of this endorsement schedule also is a testament to the work of the Lodge 7 political action committee, the impact of the PAC fund and especially our political director, Mike Cosentino. Previous Lodge 7 administrations have dreamed about this kind of dynamic being a reality but for whatever reason have never had the drive or gumption, or maybe the political capital, to pull it off.

The direction we have taken this Lodge politically is literally night and day. And I'm damn proud of Mike Cosentino being the PAC director that we needed when we needed him. I mean, there are so many pieces of this puzzle that have fallen into place timing wise. It's just been phenomenal. Cos, I cannot thank you enough for getting the Lodge to this point. This is just one of the many thank-you notes I want to make at this time (more to come in a minute).

Now, let's take a moment to talk about the top of the ticket as you see it on the cover. You know, I really only had met Paul Vallas maybe twice before taking office. But we really developed a respect for each other in our respective areas of expertise over the course of negotiating Phase One of the contract, in which Paul led us to success we had never achieved before.

I certainly gained a newfound respect for budgetary and governmental issues that I would have no clue about if I'd never met Paul Vallas. That's for sure.

I think residents of this City did likewise when watching Paul Vallas rise above the other candidates in that first mayoral debate. And the subsequent ones. He was phenomenal. He blew everybody away to me, and not just because he's our candidate. I think everybody's assessment was how just mayoral he was compared to the other people, including the current mayor.

I think we saw once again how this little tyrant in office hates anybody who challenges her policies or even her thoughts and aspirations. I think Paul just looks at it as, he's a dealmaker by nature. He wants to get things done. He wants to find compromise. I think that's such a refreshing aspect.

Mayor Daley, for his part, ruled with an iron fist. He did a lot of good things, but he also was not necessarily very flexible on a lot of other stuff. It was his way or the highway because he had the political capital to pull it off. Paul's style is entirely different. Like I said, he just wants to get things done, and that's what our members and this City need, especially considering how bad it's been during the past four years of my way or the highway.

To me, the choice is clear when you vote. Paul is leading in all the polls for a reason. He will sweep politics out of City Hall and get it back to governing. And if he does, think of how that will affect your job, your family and your City.

Likewise, if your ward is listed on the cover, make that selection, too. Get out there and vote. Your job depends on it.

### FRATERNAL ORDER OF POLICE CHICAGO LODGE #7

#### EXECUTIVE BOARD

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Monica Ortiz

Dan Quaid

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#### Field Representative

Andrew Cantore

President's Report continues on Page 6

## President's Report: Second Stories



## Highlight Real

The past three years have seemed like a blur at times, probably because the service our members demand and deserve from their union continues to intensify. Taking a short pause, however, enables us to recognize and appreciate what has transpired during the past three years.

One of the highlights has to be the COVID fight. There are no words to describe how this led to finally recognizing the officers lost in the line of duty to COVID, and all our efforts left us caught between tears and cheers when being able to report this to the families of Jim Svec, Jose Huerta and Joseph Tripoli.

I think it's the relationships we have been able to form that mean the most. It's kind of hard to categorize, but the bonds formed with officers like Carlos Yanez Jr., Joshua Blas, Erik Moreno, Fernanda Ballesteros, Jamie Avila and others we helped in dire situations is absolutely something I'll cherish for the rest of my life.

They allowed me to help in the worst moments of their life. So that's kind of a different bond; hard to articulate, but as meaningful on a personal level and a professional level as the COVID

fight. That COVID fight specifically is, I think, our proudest achievement professionally speaking, along with getting a contract, at least in part negotiated when everybody told us we were crazy to go back to the table with this mayor. They said nothing was ever going to get done. Proved them wrong.

Knowing that we were going to be the last line of defense in that in some aspect was pretty much a promise we ran on three years ago. I was going to be the voice and fight for you, especially in those dire situations, because I've had to fight for my job several times. I know what critical things need to be done in those moments like nobody else does that ever held this position.

So the bond among members that has resulted will never be forgotten. I think Ella's death and Carlos's shooting definitely solidified the troops, especially following the 2020 riots and everything that happened in 2021. I've just seen a level of bond with everybody at the Lodge and members who understood that they are family to us. I think it's just so unique from anything this Lodge has ever done.

## Thank-you notes

Our Lodge 7 officers and field reps have served members so unconditionally and with so much dedication and passion that I cannot thank them enough for what they have done.

Start with our first vice president, Mike Mette. Since he has taken over as our mental health liaison, I'm not sure anybody realizes just how deep his ties go with some of these officers, that he's saving their lives and getting them help. A lot of people say I was the right guy for the right time for all the fighting that needed to be done. Mike was the right guy for mental health at the right time. The way he comes at it is 100 percent compassionate. It's empathetic. He's just an amazing human being.

And the amount of effort Danny Gorman, our second vice president, puts into discipline grievances is hands-down second to none this Lodge has ever experienced. Just the passion he takes in being methodical and crossing every T and dotting every I. He takes it to heart. Every case is personal to him.

And the volume of work that Recording Secretary Rob Noceda handles would require the average person to be on Ritalin. The average person runs off one to-do list, but Rob works on like six. He truly has our six.

Financial Secretary Jim Jakstavich has brought something unique to the FOP. I don't know if there is a word. It's a vibe. He goes above and beyond when he gets a call on an issue. The members love it, and they appreciate it. I know he enjoys it, too.

Bringing Monica Ortiz in the office to be a field rep was a great

addition. The example she set to get other women engaged in union politics, which was the whole goal to begin with, has been extremely successful. Through her efforts, that is only going to be bigger and better in the future of this Lodge.

Thank you to Treasurer Dennis McGuire, who might have the most thankless job in our union. He is meticulous and detail-oriented, and you are fortunate to have him managing our finances.

Thank you to Third Vice President Fernando Flores for always being by my side in the fight. You, too, have been through it, and that's the fight that has made this Lodge so successful the past three years. Thank you to our sergeants-at-arms, our trustees and especially our office staff.

Because of you, we've expanded the FOP scope and the fraternal aspect, especially trying to get out to see and serve members (including thousands of meals with our new food truck).

When your holidays were canceled, our holidays were canceled. That was my office policy. We are part of this membership every single step of the way. The fraternal aspect and expanding on what the Lodge does for the members directly to build morale probably has been our most substantive change. I think people have seen us every possible way we possibly could be seen and be involved. I think that's huge, and I thank you all for that.



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-Lefty & Sharon D.



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### Feb. 18

#### WGN Radio's Vest-a-Thon

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10 a.m.–1 p.m.

### Feb. 19

#### Shomrim Society 2023 Installation Brunch

EJ's Pizzeria  
9149 Gross Point Road, Skokie  
11 a.m.–1 p.m.  
\$10 per person  
For more information, email joannabenjamin@gmail.com

### Feb. 19

#### 2023 Chicago Blackhawks

#### First Responders Night

United Center  
1901 W. Madison St., Chicago  
1 p.m. Chicago Police Stars vs. Chicago Fire  
5 p.m. Blackhawks vs. Toronto Maple Leafs  
\$55 per ticket  
For more information, email ktomko@100clubil.org

### Feb. 19

**Get Behind the Vest** Pancake Breakfast  
Saint John Fisher Kane Hall

10200 S. Washtenaw Ave.  
8 a.m.–noon

\$5 per person, \$25 per family  
For more information, email mattoshea@the19thward.com or call 773-238-8766

### Feb. 21–22

#### 2023 Law Enforcement Labor Summit

Planet Hollywood  
3667 S. Las Vegas Blvd., Las Vegas  
\$425 registration fee  
For more information, visit <https://files.fop.net/wp-content/uploads/2023/01/2023-Labor-Summit-Brochure.pdf>

### March 10

#### 100 Club of Illinois Dan Cronin's Annual Crowned Beef & Cabbage Dinner

100 Drury Lane, Oakbrook Terrace  
6–9 p.m.  
\$250 per person, \$2,500 per table of 10  
For more information, email elizgrisanz@gmail.com or call 312-983-2704

### March 11

#### The Emerald Society of Illinois St. Patrick's Day Parade & Celebration

I.U.O.E. Local 399 Hall  
2260 South Grove St., Chicago  
10 a.m.

For more information, visit <https://www.emeraldsofillinois.org/events/>

### March 18

#### Lake County Lodge #66 St. Paddy's 9 Pin Bowling Tournament

Lakes Bowl  
601 Railroad Ave., Round Lake  
6–11:30 p.m.  
\$200 per team  
For more information, email ilfop66president@gmail.com

### March 27–28

#### 100 Club of Illinois Frontline Convention

Hilton Chicago Oak Brook Hills Resort  
3500 Midwest Road, Oak Brook  
\$175 per ticket  
Deadline to register: March 1  
For more information, email kzaremba@100clubil.org

### June 17

#### CPMF Run to Remember

Gold Star Families Memorial and Park  
8 a.m.  
To register, visit [www.cpdmemorial.org](http://www.cpdmemorial.org)  
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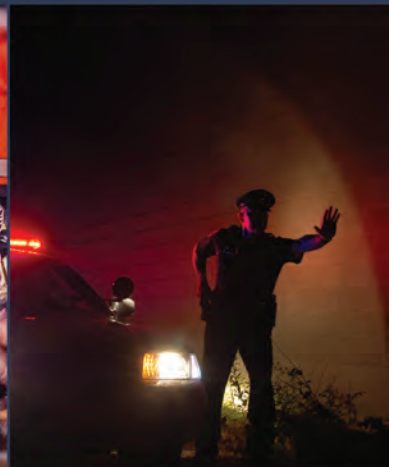
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# Take a letter



**MICHAEL  
METTE**

This letter came across my desk, and I want to share it with you as an example of members who have reached out for help with mental health and wellness. This is a reminder that there are options here for you. We can put in you in contact with those who provide the services, as we did to help this member.

To whom it may concern:

I am writing this letter on behalf of my story and lifesaving efforts of John Catanzara, Mike Mette, Andrew Cantore and Maggie O'Grady.

I was diagnosed with PTSD and major depressive disorder due to my line-of-duty injury on Dec. 22, 2010. I was catastrophically injured and pushed off the job 11 years later, unable to walk.

Reading my medical file, working in pain for many years and undergoing multiple surgeries fighting to stay on this department took a severe emotional toll. I was unable to cope, I couldn't sleep, I couldn't function.

The City failed me after everything I sacrificed for it. I asked for help when I felt like I was drowning, and the City failed to provide it and continues to fail to provide it. I felt alone, worthless and ashamed. I did not want to get out of bed and was losing my will to live. My husband, also a Chicago Police Officer, contacted FOP Lodge 7, who put me in touch with Dr. Steiner.

Lodge 7 First Vice President Mike Mette went above and beyond to make sure I received the help that I needed. He was the

life vest I needed when I was drowning. I started mental health treatment at First Responders Wellness Center. Dr. Carrie Steiner, her professionalism, knowledge and compassion were the hand I needed to pull me out of the water.

Since I have been seeing Dr. Steiner, I have developed coping skills to help bring me down while exposed to triggers. Thanks to Dr. Steiner, I want to get out of bed again. Although this is a daily struggle, I am continuing to see progression in the right direction. Dr. Carrie Steiner saved me from being a statistic that is too high in today's policing. I am forever grateful for FOP Lodge 7's efforts in combating the mental health crisis we face as first responders.

Mental health in policing is not recognized or given the same due diligence that it is in our society. I truly believe that the FOP has our best interests and wellbeing in mind. I commend the FOP for having Dr. Carrie Steiner to talk about mental health. I wanted to share my story to illustrate that due to FOP Lodge 7's efforts, along with Dr. Steiner, our unions have our "six."

I know this will not be everyone's success story; however, if we can just save one, along with normalizing that it's ok not to be ok, it's a step in the right direction. Today's policing environment, as we all know, is the worst it has ever been. Having the FOP stand in our corner with doctors such as Dr. Carrie Steiner gives us that fighting chance.

Thank you for your time,  
Sara Hecker  
Lodge 7 Member



## FIRST RESPONDERS WELLNESS CENTER

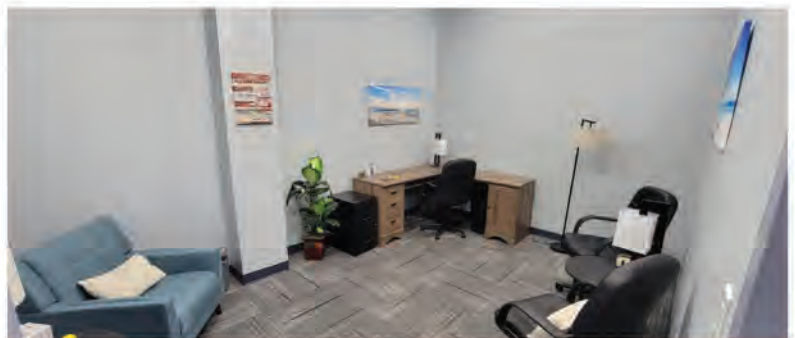


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The First Responders Wellness Center is a full psychological services center for only first responders and their direct families. All of the clinicians are former first responders or those who have worked directly with first responders and provide confidential therapy.

"Chicago Police Officers need to learn how to manage their stress because they're exposed to so much trauma. Everyone needs to take care of this. It is a necessity. It is not really an option."

**Dr. Carrie Steiner**  
Retired Chicago Police Officer  
Owner, First Responders Wellness Center



Contact: 630-909-9094 or email at [info@firstresponderswellnesscenter.com](mailto:info@firstresponderswellnesscenter.com)

You can also see us at

South Side Location: 477 E. Butterfield Rd. Suite 408-410, Lombard IL 60148

North Side Location: 540 Frontage Rd. #2125, Northfield, IL 60093

# The latest from arbitration hearings and CR investigations



**DAN GORMAN**

My reports given at the monthly general members' meetings include examples of arbitrators' decisions issued at binding summary opinion (BSO) arbitration

hearings.

Every investigation has its individual circumstances, and in most cases, there are multiple allegations and redundant alleged "rule violations" (usually piled on by the investigators). However, at right are examples of relatively simple CR investigations and recent dispositions that have been awarded by the binding summary arbitrators.

These discipline briefs provide only a generalization of the allegations that were sustained in the CR investigations.

General Summary of Allegation	Original Recommended Penalty	Arbitrator's Award
Failure to search back of squad car/gun recovered in rear seat	3-day suspension	Upheld
Failure to inventory prisoner's (worthless) property	2-day suspension	Reprimand
Profanity captured on camera	1-day suspension	Upheld
Searched vehicle without justification	5-day suspension	Reprimand
Failure to give name/no TSS	15-day suspension	5-day suspension
No ISR, no receipt	2-day suspension	Violation noted
Pursuit/BWC	10-day suspension	3-day suspension
Premature deactivation of BWC	3-day suspension	Violation noted
"Threat" to use Taser	15-day suspension	2-day suspension
No ISR	1-day suspension	Violation noted
Allegedly punched domestic partner	10-day suspension	Expunged
Excessive force during arrest of UUU offender	10-day suspension	Expunged
Verbal abuse	2-day suspension	Reprimand
Alleged racial "insult"	3-day suspension	Expunged
Inadvertent deactivation of BWC	3-day suspension	Reprimand
Use of pocketknife to assist in entering a gate	5-day suspension	Expunged
Prisoner accessed contraband	1-day suspension	Upheld
Allegedly failed to conduct DUI investigation	1-day suspension	Expunged

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## A beautiful life and so much more



**ROB  
NOCEDA**

On Jan. 7, 2023, I lost the love of my life, Desaree, my beautiful wife of 17 years. My four children — Sadie, Armando, Maya and Sarai — lost their amazing mother. My wife was a devoted Christian, wife, mother, sister, niece, cousin, friend to God's people, and so much more. I never thought this could happen. I thought we would have a few decades left and get older together. Unfortunately, that will not happen. We know she is in heaven. My wife lived the word of God. Our family misses her deeply. She will always be in our hearts, and our love for her continues each day.

I want to give a very heartfelt thanks to so many of you. I have never experienced so much love and support from our blue family. I was overwhelmed with so many calls, texts and visits at the hospital and the wake. The meal train created for my family was incredible. The constant support from my neighbors and friends was just awesome. The generosity and respect you showed our family will never be forgotten. They say God does not give you what you want; He gives you what you need. My family needed that support. Thank you.

Please, as I said before to so many of you: If you could keep our family in your prayers, it would be much appreciated. Our family truly believes in the power of prayer. The Noceda family again thanks you for your love and support during our hardest time as a family.

### Late holiday care package thank-you and a Jesse Brown VA book dropoff

I would like to thank so many people who again pulled off another successful Military Care Package Drive to our police deployed overseas. These helpers include Will Andino, Arlene Andino, Valerie Lympers, John Capparelli, Dr. Carrie Steiner, Dr. Robin Kroll, Father Dan Brandt, Dave DiSanti, Nora Gunning, Jose Sandoval, Maria Flores, Paul Zogg, Ina Zimmerman and Ruben Reynoso.

I was also able to drop off donated books at the Jesse Brown VA right on Damen Avenue to help Veterans. A thank you to Jim Jakstavich who came to help me on this endeavor.

As we say many times and mean it, stay safe.

God be with all of you. Lodge 7 is always in my prayers.



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# Some advice about testing and promotions



JIM  
JAKSTAVICH

Hello officers, both active and retired. The department has offered more promotional opportunities in the past year than I can ever remember being offered before.

In addition to the sergeant's exam, recent opportunities included bomb technician, K9 handler, marine unit, SWAT, polygraph examiner, helicopter pilot, detective and, lastly, field training officer (FTO). I called and spoke with the director of human resources, who said a vendor is being sought for an evidence technician test, and they hope to offer that test in the last quarter of 2023 or first quarter of 2024.

I strongly suggest taking every test offered. Many of these positions come with an increase in pay, and these pay grades are pensionable monies. For the positions that do not come with an increase in pay, know that we are fighting for additional monies for these titles in phase 2 of the contract. Now is the time to print out some general orders and read over those that apply to these positions, so that you are already well versed in the job duties before the reading list even comes out.

If a test is offered, and you are IOD, sick, injured, hospitalized etc., please note that you can request a medical exemption, thus granting you the ability to take part in the makeup exam. This medical exemption can only be granted by the Department of Human Resources ADA officer. You will need to provide detailed medical information to the ADA officer, who will grant or deny you the medical exemption. You may need to provide your current treating physician's contact info, as well as a note detailing your current

medical status. Please do not wait until the last day before the date of the exam to request the medical exemption. Please look out for each other as well — if you know of someone who is hospitalized, let them know that the test date and notice to report has been given out so they can apply for the medical exemption. I am sorry to report that hangovers do not count toward a medical exemption.

Here are some informational points that I gathered in my latest conversation with the director of human resources regarding the most recent detective exam. I hope the following information will answer some of your questions.

- Part 1 of the detective exam is just for a technical score. This score determines and allows the officer to move on and take Part 2 of the exam. Part 2 will be used to formulate a promotional list; seniority will be used as a tie breaker and rank order.
- Part 2 scores should be coming out in early spring.
- 2,700 officers were invited to take Part 2; approximately 2,600 did. That's 95 percent reporting.
- The merit process for detectives will begin soon.
- The old list is still valid.
- They want to promote off the new list as soon as April or May.
- If officers had concerns regarding specific questions, they should've contested those that they thought were unfair.

I cannot stress enough how important it is to take every promotional opportunity made available. At some point in our careers, we worked for a really good boss or a really shitty boss. So take the test and get promoted, and never forget where you came from. You are the future of this job. As always, stay safe.



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MONICA  
ORTIZ

Chicago Police Officers are at higher risk of injury or illness than the average employee in the workplace. This risk is aggravated by what appears

to be an increase in physical assaults on police officers. Most calls I receive at the FOP from our members relate to injuries on duty (IODs) and grievances in response to denials of IOD certification for injuries sustained at work. A recent and recurring theme during these phone calls is the delay in treatment of injuries sustained on duty caused by the Department's IOD claim procedure.

The IOD process can generally be described as follows: When an officer's supervisor completes an IOD report, the report is sent to a third-party claims processing company called Gallagher Bassett. Gallagher Bassett will approve or deny the IOD claim. When an IOD claim is approved, a case manager from the medical section will provide an officer with a referral list from which a doctor or facility is chosen by the officer. The case manager will then arrange an appointment for treatment with the chosen medical provider.

At this point, officers should begin treatment and recovery from the injury sustained on duty. This process may sound straightforward, but in practice, it is not. For example, officers have encountered delays in getting approval for their injuries sustained on duty from Gallagher Bassett. As indicated above, an officer will not receive a referral for treatment until Gallagher Bassett approves the injury as sustained on duty. This delay not only prevents prompt and often necessary medical treatment of injuries sustained at work (which should never happen), but it also causes much stress and frustration to officers, who are often in pain and in the dark as to when their injuries will be treated.

In addition, some officers have waited weeks and even months to receive a proper referral to a physician qualified to treat their injuries sustained on duty, due to the inadequacy of physicians on the referral list. Officers have 365 days to return to work after an IOD, and this time is wasted while officers wait for the City to approve proper medical treatment. Why is this happening?

I've been in this Department for 25 years and have sustained multiple injuries on duty, as so many officers have. The medical section has never been a place that officers have wanted to visit. I recall officers — myself included — taking comp time when sick to avoid dealing with the medical section. It has always been unpleasant to report to 35th Street with no parking, be put in a waiting room and sometimes wait for hours to be seen by a case manager. But now, not only do officers have to deal with the old hassles related to the medi-



cal section, they have to wait even longer for treatment, doctors' appointments and/or approvals of their IOD.

Why am I pointing this all out? Officers' treatment for injuries sustained on duty must change. Starting a dialogue to work on improving the IOD process is a start. I've created a survey with several questions on

officers' experiences with the medical section. I want to use this data to open a dialogue with the medical section and Department and work to improve things for our injured or sick members. Unfortunately, it is now common to have officers

### Access the survey



<https://form.jotform.com/223536439490057>

running out of IOD time and filing for duty disability and, in some cases, going into a no-pay status while waiting for the approval of duty disability. The data compiled from the responses to this survey will be for FOP use only, and members' names will be kept confidential.

A QR code leading to a survey to complete is shown above and also available on the FOP web page. I'm hopeful that our members will participate. I want the members' concerns to be heard, and if we have data that shows how the system does not work, we can begin to make changes.

Below, I've listed Department directives on medical and IOD policy and the contract articles that address medical grievances. Wishing everyone a happy, safe and healthy New Year!

### Department Directives

- E03-01-01 — Sworn Medical Roll — Injury on Duty Status
- E03-01-02 — Sworn Medical Roll — Non-Injury on Duty Status
- E03-01-03 — Sworn Limited Duty Program Contract
- Article 9. Section 9.5 — Medical Grievances
- Article 18. Section 18.1 — IOD
- Section 18.2 — Non-IOD
- Section 18.3 — Limited Duty IOD
- Section 18.5 — Certification

# Emerald Society hosts a 'Chili' day at the FOP

The Emerald Society of Illinois held its annual Chili Cook-Off on Jan. 23 at the FOP Hall. More than 15 contestants entered the competition and members, friends and families packed the place.

The panel of celebrity judges led by Father Dan Brandt selected Tracy Wijas as the first-place winner. The newly crowned Queen of the 2023 St. Patrick's Day Parade – Casey

Doherty – and her court, Megan Cahill, Mary Finnegan, Rachel Hoban and Grace O'Connor also attended.

The evening also featured an outstanding performance by the best police band in all the land, The Bagpipes and Drums of the Emerald Society, Chicago Police Department. Tullamore Dew served up plenty of tasty treats with lots of giveaways.



  
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# Honoring Retired Members

## August 2022

Name	Rank	Unit/District	Years
Mark F. Sitasz	Officer	009	35

## November 2022

Name	Rank	Unit/District	Years
Gail J. Hagen	Sergeant	018	29

## December 2022

Name	Rank	Unit/District	Years
Courtney W. Johnson	Officer	051	30
Richard J. Kleinpass	Detective	630	29
Steven E. Malopy	Officer	189	26
Salvador Passamentt	Officer	004	27

## Retiree Meetings

Check the contact info listed with each location to confirm meetings are being held

### North

First Monday of month  
@ 9 a.m.  
Kappy's American Grill  
7200 Dempster St., Morton Grove  
Ken Hauser, 312-485-8388

### The Northsiders' Luncheon

Third Wednesday of January, April,  
July, October @ noon  
Suparossa, Chicago  
Paul Vitaioli, 312-402-1040

### South

Second Wednesday of month  
@ 10 a.m.  
Jedi's Garden, Oak Lawn

### 8-Ball Luncheon

Last Wednesday of month  
@ noon  
Les Brothers, Oak Lawn  
Dorothy Piscitelli, 773-972-0139

### Bomb and Arson

Second Monday of month

@ 9 a.m.  
Fiesta Tapatia Restaurant  
Chicago  
Ross Horne, 312-613-9182

### 12th District Retirees and Alumni

First Thursday of month  
@ 10 a.m.  
Southern Belles Restaurant  
Bridgeview  
12retirees@comcast.net

### Crime Lab, ETs, Forensic Services and Mobile Unit

First Tuesday of month @ noon  
Flap-Jacks Restaurant, Oak Lawn  
Bob Baikie, 773-284-1935

### Orland Park Law Enforcement Organization

Third Thursday of month  
@ 7:30 p.m.  
Orland Park Civic Center  
Orland Park  
Don Ade, 708-408-9308

### Survivors Lunch

Second Saturday of month  
@ 11 a.m.  
Beverly Woods Restaurant  
Chicago

### Public Housing Unit (North, South and Administration)

First Wednesday of month  
@ 10 a.m.  
George's Restaurant, Chicago  
Maurice Brown, 773-577-0154

### Arizona Retirees

Third Wednesday of month  
@ 11 a.m.  
Eagle Buffet at Casino Arizona  
524 N. 92nd St.  
Scottsdale, Arizona  
Brian DuFour, 623-521-6146 or  
bdu4@aol.com

### Arkansas Retirees

Third Friday of month @ noon

Elks Lodge  
Mountain Home, Arkansas  
Bob Zdora, 870-405-5407

### Florida Retirees

First Wednesday of month  
@ 1 p.m.  
Cop Shop, Cape Coral, Florida  
Tom Faragoi, 239-770-7896

### Michigan Retirees

First Thursday of month  
@ 8 a.m.  
Macks on Main  
101 W. Cedar Ave.  
Gladwin, Michigan

### Northern Illinois/Southern Wisconsin Retirees

Second Thursday of month  
Herner's Hideaway  
N202 Williams Road  
Genoa City, Wisconsin

# Remembering Sisters and Brothers who have passed

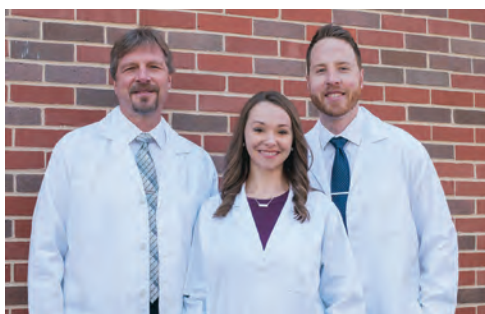
Name	Status	Age	Date of Passing	Name	Status	Age	Date of Passing
Allen L. White	Retired	81	May 10, 2021	James F. Moran	Retired	91	Dec. 31, 2022
Garvin Nix	Retired	90	Sept. 6, 2021	David Pearson	Retired	83	Jan. 1, 2023
Albert V. Kettman	Retired	79	Dec. 5, 2021	Thomas W. Holbert	Retired	79	Jan. 2, 2023
John G. Klein	Retired	91	2022	Phillip Young	Retired	73	Jan. 7, 2023
Kenneth Dauksas	Retired	82	Jan. 31, 2022	Cleo Griffin Jr.	Retired	80	Jan. 9, 2023
Robert E. McClanahan	Retired	92	March 14, 2022	Thomas L. Williams	Retired	75	Jan. 10, 2023
Jerry Harper Sr.	Retired	74	Aug. 31, 2022	William V. Pavlik	Retired	76	Jan. 11, 2023
Nicholas C. Rieger	Retired	84	Oct. 5, 2022	John R. Miller	Retired	82	Jan. 12, 2023
Anthony Maslanka	Retired	71	Nov. 29, 2022	Joseph Ozga	Retired	71	Jan. 13, 2023
John Vanek	Retired	86	Dec. 12, 2022	Edward C. Cagney	Retired	79	Jan. 17, 2023
Michael W. McMahon	Retired	77	Dec. 24, 2022	Robert Baikie	Retired	75	Jan. 21, 2023
Joe L. Cross	Retired	81	Dec. 27, 2022	Richard Jennings	Retired	83	Jan. 24, 2023
William F. Coty	Retired	86	Dec. 29, 2022	Michael Carone	Retired	87	Jan. 24, 2023
				Stephen Vrtis	Retired	77	Jan. 25, 2023



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# The City never learns



PAT  
FIORETTO

As many of you know, on Aug. 22, 2022, an administrative law judge (ALJ) from the Illinois Labor Relations Board issued a recommended decision and order, finding, once again, the Department to be in violation of the state labor laws. Specifically, the ALJ found that the Department failed to produce information that the Lodge had requested, noting, "Once a request for relevant and necessary information is made by the exclusive representative, the employer must respond, and the response must be timely." At the start of the new year, the City had not learned from its previous violation.

Some background surrounding the latest charge: On Nov. 1, 2021, in the midst of the COVID-19 pandemic and with the Department's rush to implement its own vaccination policy, the Lodge, as the full and exclusive bargaining representative for all sworn police officers, requested that the City provide the following: (1) the names of every police officer who took furlough days while off work due to exposure to COVID-19 for the period of March 1, 2020, to date; and (2) for each such police officer, the corresponding dates on which

the officer took furlough days while off work due to the exposure to COVID-19.

As the Lodge explained to the City at the time, it needed the information requested to ensure that all officers who took furlough days while the officers were on leave as a consequence of exposure to COVID-19 were identified before proceeding with any discussion regarding the enforcement of a previously agreed-upon Settlement Agreement. On Dec. 2, 2020, the City had agreed to pay for police officers' furlough days categorized as injured on duty (IOD) due to COVID-19 exposure. Shockingly, the Lodge discovered that the City may not be complying.

Instead of producing the information, as the City should have done, the City stalled. Initially, the City responded that it required the Lodge to provide the requested information already in its possession before the City would respond to the request. Why? Who knows. The Lodge then asked for the information at least three more times: on Dec. 20, 2021, Jan. 20, 2022, and again on Feb. 18, 2022. The City continued in its refusal, and as of today, the Lodge has received no responsive documentation.

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Interestingly, the City has never contested the relevance of the information requested by the Lodge. Rather, it simply has refused to produce the information. The law, however, requires otherwise. The duty to bargain collectively in good faith requires public employers (such as the City) to provide information within their control to exclusive bargaining representatives (such as the Lodge) where the information is relevant and necessary for the exclusive representative to properly discharge its statutory duty.

As the Labor Board has explained in past dealings involving the City and the Lodge, the standard for judging whether a particular request is relevant and necessary is whether the requested information is “related to the union’s function as the employees’ bargaining representative and the information appears to be reasonably necessary for the performance of this function” — which the Lodge clearly established in the case here. Information relating to bargaining unit employees, including all terms and conditions of employment, is deemed presumptively relevant, and the employer has the initial burden to rebut that presumption. The Lodge has the right to see whether the City has properly complied with its obligations pursuant to the Settlement Agreement.

The City has offered no reasonable objection to the information. Since the information requested has a high probability of showing that the City has failed to provide police of-

ficers with their furlough time as agreed upon by the parties, the Lodge suspects that the City’s refusal is, in part, motivated by not wanting to be found in violation of the previous Settlement Agreement.

Accordingly, on April 25, 2022, the Lodge filed another unfair labor practice charge with the Labor Board to obtain the information. The Labor Board assigned the case to a board agent for investigation. After a thorough investigation revealed the existence of an issue of law and/or fact, the Labor Board’s executive director on Jan. 23, 2023 issued a formal complaint, setting the matter for hearing before one of the Labor Board’s ALJs in the near future, once the City files its formal answer to the complaint. At the formal proceedings, each party will be allowed the opportunity to present relevant evidence, argue orally and file written briefs. The City, however, will have a difficult time explaining how the prior ALJ’s decision is not controlling in this matter.

The Lodge will use the recent Aug. 22, 2022 decision and impress on the ALJ how the City’s continued conduct of ignoring its obligations further violates the law. Hopefully, such continued and blatant refusals to comply with board orders will subject the City to further scrutiny and possible sanctions, which the Lodge will be requesting.

As always, the Lodge will continue to hold the Department responsible for its conduct. Stay safe.



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# To watch or not to watch



**TIM GRACE**

There seems to be a lot of misunderstanding surrounding which videos a police officer can watch and not watch when it comes to preparing reports and, most importantly, having to give a compelled statement at COPA. The answer to this question can be found in two different documents that are the subject of many legal challenges and overall consternation.

The consent decree and the new Illinois SAFE-T Act have provided COPA and the civil rights industry with a lot of ammunition in the discipline world and large settlements from the City of Chicago. We can't really stop a sympathetic City Council from giving large sums to alleged police misconduct, but we can protect ourselves at COPA and, more importantly, from a very active state's attorney's office.

The first punch in their one-two punch approach rests with the consent decree. As we know, the City of Chicago Police Department is currently under a massive 234-page consent decree document with more than 797 paragraphs. One may argue that it's a massive handbook on how to get police officers injured in the line of duty; others may argue that it is "true" police reform.

This writer has his own opinions on the true meaning of the document. Either way, we must be aware of it and follow it to a degree. I suggest "to a degree" due to the fact that the federal judge and the Seventh Circuit Court of Appeals have limited some of the language. The consent decree clearly states in paragraph 450, subparagraph C, that "once a CPD member has been notified or otherwise becomes aware that he or she is the subject of an administrative investigation, the CPD member will not review the following documents and evidence related to an incident under administrative investigation ... any investigative file ... including body and dashboard camera footage."

Hence, a clear reading states that you cannot view video prior to your COPA statement. However, and thanks to the aggressive labor law of years past, the courts have limited some of this. Any provisions of the consent decree that modify the conditions of employment must first be collectively bargained for. Both the District Court opinion and the Seventh Circuit Court of Appeals decision clearly state that consent decrees may not alter collective bargaining agreements without the union's assent. Neither may litigants agree to disregard valid state laws. In other words, because consent decrees are funda-



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mentally contracts, the parties to those decrees may not impose duties or obligations on a third party without that party's agreement. See *Illinois v. City of Chicago*, 2018 U.S. Dist. Lexus 139061; *Illinois v. City of Chicago*, 912 F.3d 979 (7th Cir 2019). So until the City collectively bargains with the Lodge over this, we are allowed to watch the videos, in this attorney's opinion. To date, that approach has not been challenged.

The second punch that COPA is relying upon is the SAFE-T Act. The SAFE-T Act is the recent legislation that was passed in the middle of the night last year by our elected officials in Springfield. Like the consent decree, it is a large piece of legislation that not only provides offenders with rights never seen in a civilized society that cares about making our streets safe for the average person, but also severely hamstringing law enforcement.

The act has many provisions that are not the subject of this article, that destroy bail as we know it, use of force and many other concepts that have been the cornerstones of our modern criminal justice system. However, the most disconcerting of all has to do with what officers can review prior to composing their reports and ultimately giving a statement to COPA. Under the act, a law enforcement officer shall not have access to or review his or her body-worn camera recording or the body-worn camera recordings of another officer prior to completing incident reports or other documentation. The provision is only in play if the officer has been involved in or witnessed an officer-involved shooting, use of deadly force in-

cident or use of force incident resulting in great bodily harm.

So, if an officer is involved in a deadly force incident, he or she is not allowed to view his or her body-worn camera until *after* he or she has put pen to paper on a report. You must go from your memory. You are allowed to amend after you have composed the initial report, but that is fraught with some very difficult cross-examination questions, either in court or more importantly at COPA. And just to make sure you don't cheat, they made it a Class 3 felony.

So where are we? If you are involved in a fast-moving, stressful, rapidly evolving use of force incident that causes death or great bodily harm, you have to be careful about when you watch the video. It is this writer's belief that the provision of the consent decree would allow you to review videos prior to your COPA statement; however, it is the SAFE-T Act that you need to be careful of. We will need to make sure we compose that first report, which could be just about any regular Chicago Police Department report, before you review videos. Then you can always amend it.

Remember, don't be afraid to call the FOP. The leaders will get you in touch with an attorney, and we can walk you through it. A little bit of thought beforehand can possibly prevent much anguish in the future.

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# How outside factors could affect the spring legislative session



DAVE SULLIVAN

On Jan. 9, six constitutional officers took the oath of office. Governor JB Pritzker gave his second inaugural address. The governor called for free college tuition for “working-class families” and access to preschool and affordable childcare options.

In addition, Lieutenant Governor Juliana Stratton took the oath for the second time, as did Attorney General Kwame Raoul, Comptroller Susana Mendoza and Treasurer Michael Frerichs. Alexi Giannoulias also took the oath as the newly elected secretary of state (Giannoulias served as state treasurer from 2007 to 2011). Giannoulias replaces longtime Secretary of State Jesse White, who decided to retire after 24 years in office.

Two days later, the 103rd General Assembly was inaugurated. The House of Representatives will have a record 78 Democrats, compared to 40 Republicans. The Democrats elected Emanuel “Chris” Welch to a second term as the speaker of the house, and the Republicans elected Tony McCombie as minority leader. McCombie is the first woman to lead a caucus in the Illinois House Representatives, and the second female leader in Illinois history.

In the Senate, the Democrats hold a 40–19 majority over the Republicans. The Senate Democrats elected Don Harmon to his third term as Senate president, and the Republicans elected John Curran as minority leader, replacing Senator Dan McConchie.

We are working with lawmakers on both sides of the aisle on legislation. We anticipate another busy year with some ideas that we like — and some that we don’t — being proposed in Springfield. I had a good meeting last week with Democrat Senator Rob

Martwick from the Northwest Side. Senator Martwick has been a strong supporter of police issues and a key member of the legislature on pension issues.

We discussed the pension bill he has sponsored in the past for Chicago police. He has agreed to sponsor it again and work for its passage. This is great news, considering his role as chair of the Senate Pension Committee and his not-so-great relationship with the FOP. Except for his vote for the Safe-T Act, Senator Martwick has been a strong and vocal advocate for police. He argues that he voted for the Safe-T Act only after he successfully negotiated the removal of other harmful items from the bill, including qualified immunity elimination.

Three non-legislative matters that could impact the spring legislative session are the ongoing Chicago mayoral election, the corruption trial of former ComEd executives and a possible presidential bid by Governor JB Pritzker.

As of this writing, the top three contenders for mayor of Chicago appear to be Lori Lightfoot, Chuy Garcia and Paul Vallas. Other contenders could surge, and crime seems to be the number-one issue, so this last month before the primary should be fascinating.

In March, the ComEd trial is set to begin. It will be closely watched in Chicago and Springfield. And then there is the presidential race. If President Biden chooses to not seek reelection, it is anticipated that Governor Pritzker will enter the race, which will add an interesting element to Illinois politics. The last president not to seek reelection was Lyndon Johnson.

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## Portraits by Peter Bucks

Tributes to officers from the CPD Officer, Lodge 7 member and renowned artist

# ‘It’s built into me’

■ BY ESTHER GONZALES

Wearing a blue protective helmet, Chicago Police Officer David Haynes positioned himself in front of the Conrad Hilton Hotel. Thousands of CPD officers stood by his side. Before them, a sea of protestors swarmed through Grant Park for the 1968 Democratic National Convention.

Haynes said he recalled feeling nervous. At the time, he was a rookie with no experience that would equip him for what was about to happen, one of the most horrific protests in the City’s history. Only a few months earlier, Haynes was reading gas meters.

“Here I am, a brand-new recruit, still wet behind the ears, and I was nervous as all heck,” Haynes recalled. “It was a complete surprise to me.”

But this was the first of many challenges Haynes learned to handle during his 23 years on the job. Even after retiring in 2000, Haynes continued to work as a security guard at O’Hare Airport as a way of keeping close to the profession he loves.

“It’s built into me now to be a police officer in some capacity,” remarked Haynes. “I couldn’t even comprehend sitting at home and just reading or fishing every day. I like to keep working and helping people out wherever I can.”

Compelled to do good for the City, Haynes came on the job in the 12th District. At the time, there were no FTOs to take him under their wing. So he had to learn everything on his own, from writing tickets to answering disturbance calls and making arrests.

As Haynes covered the streets, it seemed like there was always something happening, he noted.

“It was always exciting,” Haynes explained. “There were a lot of different riots that we went to. And we were out there with our

helmets on. We were getting calls constantly. So our days flew by. [We were] always kind of going a hundred miles an hour.”

During one riot, Haynes remembers sitting in his wagon as he called his patrol car. Suddenly, rocks flew toward him, denting his vehicle. Another time, people threw balls cemented with nails at his car. On other occasions, they hurled bricks.

During those moments, his priority was to not overreact, he said.

“They were trying to hurt us,” Haynes commented. “We had to be really careful. We couldn’t charge them—that’s not the way it worked. You had to take a lot of stuff from people and turn the other cheek.”

After working in 012, Haynes moved to the 20th District, then to the 23rd District. Because he did not have a steady partner, he was paired with recruits. For an additional \$6 a day, Haynes fell into the new role of FTO.

And Haynes seems to have embraced this opportunity to impart wisdom gained from the many experiences he had on the job, including how to handle dead bodies. Haynes recalled showing recruits how to carry a body down eight flights of stairs without any advanced equipment. And the tedious way to wrap a decomposed

body in sheets so the fluids wouldn’t drip on your clothes as you were carrying it.

As is true of many retired CPD officers, Haynes is still never far from the job. Often, he bumps into the very CPD officers he taught back in the ’80s and patrolled the streets with.

“They come up to me and say, ‘Boy, Dave Haynes. Man, you were something. You knew how to handle things,’” Haynes related. “They have good memories of me. It makes me feel good, too, that I didn’t steer them in the wrong direction.”



DAVID J. HAYNES

*Star #13641  
Retired from  
Unit 050*

# The Uber ride



RABBI  
MOSHE  
WOLF

Recently, after addressing a roll call, one of our members pulled me aside for a soul-to-soul chat, and before we parted ways, he said, “Please let me share a final thought with you.”

There are many of us who have those days where we ask ourselves, can one person really make a difference in another’s life?

“Read the story,” he said, “and you’ll see you can and do make a difference.”

## The Uber ride

Several years ago, I was an Uber driver for a living. It was a cowboy’s life, a life for someone who wanted no boss. What I didn’t realize was that it was also a ministry.

Because I drove at night, my vehicle became a moving confessional. Passengers climbed in, sat behind me in total anonymity, and told me about their lives. I encountered people whose lives amazed me, ennobled me and made me laugh and weep.

But none touched me more than a woman I picked up late one August night. I was responding to a call from a small brick fourplex in a quiet part of town. When I arrived at 2:30 a.m., the building was dark except for a single light in a ground-floor window. Under these circumstances, many drivers would just honk once or twice, wait a minute, then drive away. But I had seen too many impoverished people who depended on Ubers as their only means of transportation. Unless a situation smelled of danger, I always went to the door. This passenger might be someone who needs my assistance, I reasoned to myself.

So I walked to the door and knocked.

“Just a minute,” answered a frail, elderly voice. I could hear something being dragged across the floor. After a long pause, the door opened. A small woman in her 80s stood before me. She was wearing a print dress and a pillbox hat with a veil pinned on it, like somebody out of a 1940s movie. By her side was a small nylon suitcase. The apartment looked as if no one had lived in it for years. All the furniture was covered with sheets. There were no clocks on the walls, no knickknacks or utensils on the counters. In the corner was a cardboard box filled with photos and glassware.

“Would you carry my bag out to the car?” she said. I took the suitcase to the cab and then returned to assist the woman. She took my arm, and we walked slowly toward the curb. She kept thanking me for my kindness.

“It’s nothing,” I told her. “I just try to treat my passengers the way I would want my mother treated.”

“Oh, you’re such a good man,” she said.

When we got in the car, she gave me an address, then asked, “Could you drive through downtown?”

“It’s not the shortest way,” I answered quickly.

“Oh, I don’t mind,” she said. “I’m in no hurry. I’m on my way to a hospice for the terminally ill.”

I looked in the rearview mirror. Her eyes were glistening.

“I don’t have any family left,” she continued. “The doctor says I don’t have very long.”

“What route would you like me to take?” I asked.

For the next two hours, we drove through the city. She showed me the building where she had once worked as an elevator operator. We drove through the neighborhood where she and her husband had lived when they were newlyweds. She had me pull up in front of a furniture warehouse that had once been a ballroom where she had gone dancing as a girl. Sometimes she’d ask me to slow in front of a particular building or corner and would sit, staring into the darkness, saying nothing.

As the first hint of sun was creasing the horizon, she suddenly said, “I’m tired. Let’s go now.”

We drove in silence to the address she had given me. It was a low building, like a small convalescent home, with a driveway that passed under a portico. Two orderlies came out to the car as soon as we pulled up. They were solicitous and intent, watching her every move. They must have been expecting her.

I opened the trunk and took the small suitcase to the door. The woman was already seated in a wheelchair. “How much do I owe you?” she asked, reaching into her purse.

“Nothing,” I said.

“You have to make a living,” she answered.

“There are other passengers,” I responded. Almost without thinking, I bent and gave her a hug. She held onto me tightly. “You gave an old woman a little moment of joy,” she said. “Thank you.”

I squeezed her hand and then walked into the dim morning light. Behind me, a door shut. It was the sound of the closing of a life.

I didn’t pick up any more passengers that shift. I drove aimlessly, lost in thought. For the rest of that day, I could hardly talk.

What if that woman had gotten an angry driver, or one who was impatient to end his shift? What if I had refused to take the run, or had honked once, then driven away? On a quick review, I don’t think that I have done anything more important in my life. End of story.

We’re conditioned to think that our lives revolve around great moments. But great moments often catch us unaware — beautifully wrapped in what others may consider a small one.

People may not remember exactly what you did or what you said, but they will always remember how you made them feel. A small act of kindness goes a long way. Try not to let a day go by without making a difference in the life of at least one person. You will both walk away with your soul feeling enriched.

Before we close, a bit of humor from The Moshe Files to keep you smiling.

## Generous Johnny

Little Johnny asked his dad for a dollar to give to a little old lady at the park. His father, impressed by his son’s kindness,

CONTINUED ON PAGE 27



## Making the rounds with a few happy retirees



FATHER DAN BRANDT

In January, I met up with some retirees to support the American Legion Post at 97th and Kedzie. Top left, you see, left to right, Mike Dougherty and his brother Bob, along with Bob Pizzo. To all retirees: Keep enjoying those monthly checks!

I also had the pleasure of joining many CPD friends at the home of recently retired (from 020) Officer Ray Allen and his wife, Linda. In the picture at top right, you'll see Ray sitting on the left and Tom Crouchelli (050) standing on the right. You can tell by Tom's smile that he's not far behind Ray. To all those still on the job: There's light at the end of the tunnel!

If you happen to be reading this column prior to Feb. 19, please join us that day at 8 a.m. at St. John Fisher Parish (103rd and Washtenaw). All are welcome to a Blue Mass to pray with and for our officers. This Mass coincides with a Chicago Police Memorial Foundation "Get Behind the Vest" pancake breakfast fundraiser co-hosted by Alderman Matt O'Shea.

Speaking of Matt O'Shea... on Chicago's City Council, there is perhaps no louder voice, no bigger supporter of the police. His constant pro-police agenda is so needed right now. He also generously serves on the board of directors of the Police

Chaplain's Ministry. Additionally, Matt has helped raise more than \$100,000 over the years for the Chicago Police Memorial Foundation's "Get Behind the Vest" initiative. His constituents are blessed to have his voice; I am equally blessed to call him a friend.

A Northside Blue Mass will be held on Sunday, March 19, at 9 a.m. at St. Helen Parish (2301 W. Augusta Blvd.). As always, all are welcome!

Ash Wednesday is Feb. 22. In keeping with time-honored tradition, CPD chaplains will distribute blessed ashes at various locations throughout the City. The schedule will be posted on the CPD Wire and our website.

Keep up with all of the above and lots more on our Facebook page or our website, [www.chicagopcm.org](http://www.chicagopcm.org). May God bless you and keep you safe and healthy! Thank you for doing God's work.

*Call or text Father Dan Brandt, directing CPD chaplain, at 773-550-2369 or email him at [dan.brandt@chicagopolice.org](mailto:dan.brandt@chicagopolice.org).*

**WOLF** CONTINUED FROM PAGE 26

gave him the dollar.

The next day, Little Johnny asked his dad for another dollar, again for the little old lady at the park. Proud of his son's generosity, the father gave him another dollar and patted him on the back.

The following day, before heading out to the park, Little Johnny asked for yet another dollar.

"There you are, my son," said the father. "But tell me, isn't the little old lady able to work anymore?"

"Oh yes, she is, Daddy," said Little Johnny with a wide smile. "She sells candy at the park." LOL...

Send us your humor to share a laugh with others. Thanks.

On behalf of all your chaplains, may G-d bless you, keep you safe and always keep you in his loving care. Should you need a shoulder to lean on, an ear to listen, or perhaps if you have some good humor to share, don't hesitate to give us a call. Your chaplains are available 24/7. Unit phone: 312-738-2831.

*Contact Rabbi Moshe Wolf at 773-463-4780 or [moshewolf@hotmail.com](mailto:moshewolf@hotmail.com).*

# The consequences of your legal capacity



**TOM TUOHY**

The American Bar Association defines legal capacity as “the ability to perform a task — or make a decision. State laws set out the standards of legal capacity for various tasks — consent to treatment, make a will, trust or deed, and make a gift or contract.”

In Illinois, legal capacity depends on the circumstances:

- Every adult is presumed to have the capacity to make healthcare decisions unless proven otherwise. An example that is often confused is that the diagnosis of Alzheimer’s disease or dementia will not necessarily prove a lack of legal capacity. However, a diagnosis of advanced Alzheimer’s or dementia could likely prove that legal capacity is lacking.

- Testamentary capacity is defined as a person’s mental and, therefore, legal ability to make or change a will or trust estate plan. While you must be over age 18 to enter into any legal contract, will, living trust estate plan or power of attorney, you must also:
  - Understand the nature and extent of your property
  - Remember your relatives and descendants
  - Be able to articulate who should inherit your property

While most people wait too long to make a trust or will estate plan or essential healthcare and financial power of attorney (POA) documents, often people believe a relative needs more

legal capacity to do so than they currently have. However, that too is objective. A will, like a contract, requires the highest level of capacity, that you are of sound mind and memory.

## The consequences of lost capacity

Last week, I received a call from a grade-school classmate. Two years ago, he asked for my advice regarding his mother, who was in her late 80s.

He said that she wanted her real estate to go equally to him and his three brothers. They all agreed that his two brothers, who lived with his mother, would remain in the house, as both had lived there their entire lives and have special needs.

I made it clear to him that he needed to act quickly to protect the house and his brothers’ ability to live there at their mother’s death. His mother needed to make a living trust ASAP to protect her two sons’ interest in her estate in a supplemental needs trust at her death, or they would lose their SSI and Medicare or be required to reimburse the government for benefits.

The family house would be sold, and 50 percent of the value would go to the government. And worse yet, his brothers would lose the only home they have known.

My old classmate was calling to update his mother’s power of attorney. He said he had dropped the ball on the trust but needed the POA for the long-term care facility where his mother now lives with advanced dementia.

I don’t have to tell you the rest. It is too late, and the home is lost.

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Tom Tuohy is the grandson of a CPD Chief and son of a CPD Detective

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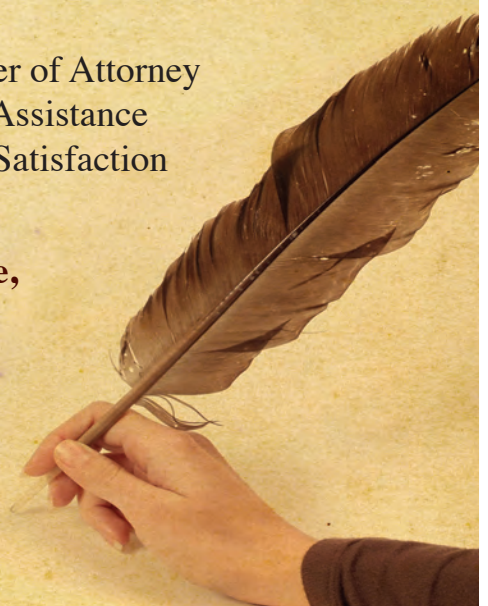


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Don't be my old classmate. Please don't wait to do what you need and someday find out it's too late. Get a living trust estate plan while you have the legal capacity and are still here.

**Your living trust police discount**

When CPD provided its retirement seminar, I offered all police officers and their family members a one-third reduction of my fees for a complete living trust estate plan on the day of the seminar. I am extending that offer through the FOP and this magazine for as long as there is interest.

At the end of your life or at incapacitation, they risk probate if you have property, investments or bank accounts in your name.

- A will = probate. The rule is that no one can legally sign your name. Therefore, all assets in your name are subject to the probate process, which averages 18 months and is costly.
- A living trust avoids probate.
- Your financial accounts, life insurance policies and deferred compensation accounts can name your living trust as beneficiary, subject to essential tax considerations.
- A living trust estate plan includes healthcare and financial power of attorney documents. It also consists of a last will and testament.
- A will is necessary for guardianship of minor children. It also transfers assets in your name out of probate.
- A living trust contains a no contest provision and beneficiary asset protection clauses.

*Tom Tuohy is the founder of Tuohy Law Offices and the FOP Benefits Plan. He has been a police lawyer for more than three decades. His father was a CPD detective, and his grandfather was the CPD Chief of Major Investigations. You can reach Tom at 312-559-8400 or tom@tuohylawoffices.com, or visit his office in Oakbrook Terrace.*

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# Recovery is possible



DR. RON RUFO

I loved being a first responder, but I feel our career comes with many dangerous and rarely discussed issues. Post-traumatic stress disorder (PTSD) is a debilitating mental health condition that is sparked by disturbing, terrifying and alarming events and may occur after one traumatic event or from a combination of many devastating events. The effects of trauma can last for a few moments or an entire lifetime.

A few examples of trauma that can cause post-traumatic stress are accidents that involve serious injury or death, mutilation, neglect, physical abuse, child abuse, rape, sexual violence, natural disasters, devastation and destruction. Post-traumatic stress is common among many first responders because they experience numerous traumatic events throughout their career.

Everyone is different in how they react emotionally and physically to pain and suffering. Many officers see horrifying and deadly accidents and dramatic and dangerous situations such as shootings, stabbings, suicides and other deaths throughout their career. It is not uncommon for officers to keep their emotions pent up inside, rarely sharing how they really feel with anyone, not even their spouses or significant others. Officers who experience PTSD most often have a difficult time sleeping, as they keep these tragic and traumatic incidents in the back of their minds.

Post-traumatic stress is also associated with soldiers who have experienced the casualties and destruction that are associated with combat and war. Military personnel coming back from their tours of duty experience many symptoms of post-traumatic stress disorder.

The difference is that most military careers last an average of three or four years, depending on the branch of service. Most police careers average 20 to 30 years, and that is a long time to deal with critical incidents.

Many clinicians who have patients with post-traumatic stress disorder indicate that PTSD includes both mental and physical symptoms. A few signs of PTSD are anger and a clear detachment from others. Another common occurrence is flashbacks accompanied by panic and stress. These panic attacks can be triggered by an everyday occurrence such as a loud noise, a car backfiring, someone shooting a gun or fireworks. Clinicians also note that officers and military veterans have a difficult time falling asleep or sleeping through the night without nightmares or night sweats. A few signs and symptoms of trauma can also be fear, vulnerability, helplessness, guilt and depression.

Retired Minnesota Peace Officer Duane Wolfe understands that fear is a natural human emotion, but it is one that most officers try to hide or ignore. We all have fears that we face as police officers. No matter who we are, we are all human. We try to pretend the carnage and mayhem of this profession don't affect us, but they do, and that's OK because we are human. Sometimes life hands us more burdens than we can bear and we need help to carry the load.

Nick Greco, a board-certified expert in traumatic stress, says, "Getting rid of an officer with PTSD is a mistake. They can be treated. The big word here is that recovery is possible. If an officer gets sick, either physically or psychologically, the idea is that they can still come back to work. It is important for officers to get help early. If a diabetic does not watch their insulin and glucose, their problems escalate; cardiac issues, poor circulation, vision problems, and kidney concerns are the result. It is not much different when trauma and hypertension are untreated — things are going to get worse. But there are numerous recovery stories, there are officers who have beaten alcoholism and other traumas, and they are back on the job at full capacity, thriving. PTSD is not a career-ending situation."

I hope everyone enjoyed the holiday season and a wonderful and bright new year. I am truly thankful for being a first responder and for all my brothers and sisters who I have met through the years. God bless you all.

### Inspirational words of wisdom

"Let our hearts be stretched out in compassion toward others, for everyone is walking his or her own difficult path." —Dieter F. Uchtdorf

"The only man who never makes mistakes is the man who never does anything." —Theodore Roosevelt

"People do not decide their futures. They decide their habits, and their habits decide their future." —F.M. Alexander

*Dr. Ron Rufo is a highly decorated Chicago Police Officer with over 22 years of service. He began his career in the 9th District, was assigned to the prestigious Ambassador Program and was eventually assigned to the Preventive Programs Unit, where he served as a crime prevention speaker for over 13 years. For most of his career, Dr. Rufo was a peer support team leader for the CPD Employee Assistance Program (EAP) of the Chicago Police Department. He has had specialized training in police suicide prevention and is a member of the Critical Incident Team. He retired from the Chicago Police Department in July 2015. He is the author of Police Suicide: Is Police Culture Killing Our Officers? and Breaking the Barriers: Changing the Way We Support the Physical and Mental Health of Police Officers. Dr. Ron Rufo's book Breaking the Barriers: Changing the Way We Support the Physical and Mental Health of Police Officers is available through Amazon, at ronrufo.com or through the FOP bookstore.*

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# Chicago Lodge 7 Officer Awards



On Sept. 18, 2022, in the early morning hours, 8th District tactical officers were working a four-man unit that toured the dividing line of a gang conflict zone. The officers observed a group of subjects entering the opposing gang's territory. Once spotted, the offenders fled in different directions.

The officers pursued an offender who was clutching his waistband, indicative that he may be armed with a handgun. The officers were cognizant of the Department's foot pursuit policy and were able to avoid being separated from their partners.

The offender continued to flee from the officers, running through gangways and yards. The officers gave verbal direc-

tion for the offender to drop his gun, and he did not comply. Instead, the offender pointed the gun at the officers in mid-stride as he continued to flee. The officers, fearing for their lives, fired their weapons and struck the offender. The officers immediately recovered the offender's gun and rendered aid.

Despite the entire incident being captured on body-worn cameras, the Cook County State's Attorney's Office was hesitant to pursue charges. Due to the efforts of the dogged followup investigators, charges were finally approved.

**It is with great appreciation that Chicago Lodge 7 presents these officers with the Award of Valor and the Distinguished Service Award.**

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Dr. Robin Kroll, owner and Clinical Director of BRAVE Police & Public Safety Wellness Center, is a Board-Certified Police and Public Safety Psychologist.



# Chicago Lodge 7 Officer Awards



On Nov. 25, 2021, 19th District officers responded to a shots fired call at 1027 W. Addison. Upon arrival, the responding officers learned that the offenders were in a green Range Rover and it had entered the nearby parking garage.

The officers made entry into the parking garage and located the vehicle with the offenders still inside. The officers ordered the offenders from the vehicle, and they were immediately placed into custody.

A 9mm handgun was recovered from one offender's person, and two spent shell casings were located near the scene and inventoried. The officers' investigation revealed that the vehicle was taken in an aggravated vehicular hijacking, and the offenders were charged accordingly.

The grateful victims received their vehicle and belongings back from the officers.

**It is with great appreciation that Chicago Lodge 7 presents these officers with the Distinguished Service Award.**

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# Chicago Lodge 7 Officer Awards

## Distinguished Service Award

Police Officer Alex B. Coan, Star #12710  
Police Officer Louis Soto, Star #16077  
Police Officer Ruben Cardoza, Star #10599  
Police Officer Michael Collins, Star #14288  
Police Officer Gary Claxton, Star #11299  
Police Officer David DuBois, Star #2946  
Police Officer Anthony Hobbs, Star #9013  
Police Officer Omar Moreno, Star #16924  
Police Officer Christopher Pazan, Star #7110  
Detective Dennis Clifford, Star #20351  
Detective Patrick McGinnis, Star #21349  
Sergeant Robert Kellam, Star #1180  
Nominated by Police Officer Michael Collins,  
Star #14288

On March 17, 2021, the 2261 tactical team received information on a vehicle wanted for attempted armed robbery and aggravated battery in the 6th District. This vehicle matched the description of a vehicle wanted in the 22nd District that was responsible for another attempted armed robbery and a homicide.



The officers formulated a plan to curb the wanted vehicle and take the wanted offender into custody. The officers relocated to Area 2, where the offender was positively identified for the attempted armed robbery.

The investigation continued, and the ever-persistent detectives conducted a photo array that placed the offender at the scene of the homicide, from which he had eluded capture by responding officers. The detectives interviewed the offender, and when confronted with the damning evidence, the offender confessed to the homicide.

The offender was charged with murder, robbery, attempted armed robbery and aggravated battery. This combined effort and the sharing of knowledge of emerging crime patterns led to a murderous thug being removed from the streets of Chicago.

**It is with great appreciation that Chicago Lodge 7 presents these officers with the Distinguished Service Award.**

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# Chicago Lodge 7 Officer Awards



On Nov. 17, 2021, while working a traffic mission, 16th District officers observed a frantic female waving for assistance on the corner at 3400 N. Central Ave. Upon the officers' approach, they observed a male lying on the sidewalk.

This man exhibited all the signs of an opiate-induced overdose. The officers immediately notified EMS and assessed the

nearly lifeless man for vitals. The officers administered two doses of Narcan (aka West Side Holy Water), and the man began to regain his breathing and heart rate. EMS finally arrived on scene, and the officers were commended by the paramedics for saving this man's life and doing their job.

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## Upcoming CPMF Events



**February 18, 2023 – WGN Radio's Vest-a-Thon.** Call in to 872-262-8378 (VEST) from 10am to 1pm to make a donation to help purchase replacement vests for CPD officers.



**February 19, 2023 – Alderman Matt O'Shea's Annual Pancake Breakfast at St. John Fisher.** 10200 S Washtenaw at 8am. All are welcome to attend. Proceeds benefit the CPMF's Get Behind the Vest Initiative.



**February 19, 2023 – Chicago Blackhawks First Responder Night.** Cheer on the Chicago Police Stars vs Chicago Fire at 1pm and the Blackhawks vs. the Maple Leafs at 5pm. **Scan the QR code for more info and to purchase!**



**June 17, 2023 – Annual Run to Remember at Gold Star Families Memorial and Park.** Visit [www.cpdmemorial.org](http://www.cpdmemorial.org) to register today! Use Promo Code FIVEFORFEB to get \$5 off during the month of February!

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# GUARDIANS OF THE CITY



ILLUSTRATION BY GINA CROTCHFELT

## Cast your vote for these Lodge 7 members who can help the City Council move in the right direction to make the job better for all Chicago Police Officers

■ BY MITCHELL KRUGEL

Cries for help echo throughout the City as the Feb. 28 election draws closer. Reports from the campaign trail, similar to what Alderman Silvana Tabares has heard while knocking on doors in late January, keep surfacing.

Residents of her 23rd Ward, which includes Midway Airport, not surprisingly told Tabares that crime is the most important issue in this election. They told her that the City is in a public safety crisis, in which criminals are more emboldened than ever before.

“They’re scared to even get out of their car to get their groceries from the trunk and walk to their house,” reports Tabares, who’s married to a Chicago Police Officer. “And a lot of them are considering moving because of what they’re seeing in the City.”

Heeding the call, a determined breed of crimefighters is set to come to the aid of the City. Nine Lodge 7 members have entered the fray to run, and their candidacies could be a powerful antidote as the City tries to survive this Age of Ultron created by what some members would call the Doctor Strange in City Hall.

By now, most Lodge 7 members know these noble guardians, at the very least having seen their names in bold type on the cover of this issue. Let alone in the multiverse of yard signs

in the eight wards they are running to represent.

At the risk of mixing pop culture metaphors, Chicago Police Officers (pictured from left above) Dr. Barbara Bunville, Anthony Ciaravino, Peter Chico, Dr.Carolynn Crump, Michael Cummings, Daliah Gore, Jessica Venegas, Jennifer Maddox and Howard Ray stand as somewhat of a Justice League for this election. And their aldermanic ascension could be the next emphatic assertion of Lodge 7’s growing political presence.

“I think it’s fantastic and long overdue that we’re having Chicago Police Officers and members of the union run,” Tabares confirms. “It’s extra special that the FOP has positioned themselves to support these candidates. It sends a message to City Hall that we’re serious about addressing public safety and bringing common sense back to the City.”

The quantity and quality of the Lodge 7 member/candidates have injected real excitement about continuing to turn the City Council pro-police to the extent of being able to quell the public safety crisis. Any members making it will add to nearly a dozen existing council members who have responded to Lodge 7 lobbying and built up their record of backing the blue.

CONTINUED ON PAGE 38

## 2023 CITY ELECTION VOTER'S GUIDE



Dr. Barbara Bunville, 6th Ward



Jessica Venegas, 10th Ward



Peter Chico, 10th Ward



Anthony Ciaravino, 11th Ward

### GUARDIANS CONTINUED FROM PAGE 37

"I think we are doing a great job getting our members to step up and try and represent not only their communities, but also their profession," Lodge 7 Political Director Mike Cosentino comments. "We have these phenomenal people who are putting themselves out there in politics, which is probably one of the most difficult things you can do. It's just unbelievable because you talk to every one of these individual members, and none of them are doing it for personal gain."

### Endgame

Professional gain looms so large in this election and has driven Lodge 7's political strategy to an historical crossroads. The FOP's political action committee has devoted hundreds of hours not only to recruiting and supporting members to run for office, but also to blending that with existing relationships in the City Council.

Endorsing candidates in 25 of the 50 wards is a surgical strike to cement a position that can finally help all Chicago Police Officers who are not mucked up in the exempt ranks.

"The problem with City Hall has been that this union has never had a seat at the table," Cosentino explains. "There are 15 different layers of bureaucracy at City Hall and 10 layers at 35th Street to find out what we need or what we want. But because [President] John [Catanzara] has actually sat down and talked to these aldermen, there's finally an open-door policy between our aldermen and the FOP"

Case in point was the inclusion of Lodge 7 members in the City's recently passed parental leave ordinance. Initially, for some inexplicable reason, City Hall excluded officers from the policy. But the Lodge reached out to the council, and Tabares led a group that voted to include the police.

So endorsed incumbents like Marty Quinn in the 13th Ward, Raymond Lopez in the 15th, Anthony Beale in the 9th, James Gardiner in the 45th, Nick Sposato in the 38th, Samantha Nugent in the 39th and, of course, former Chicago Police Officer Anthony Napolitano in the 41st have given Lodge 7 a formidable base to build on. Imagine what can happen if the officers running can add to that caucus.

"If we get in, then we're on the same page. We cannot be moved or pushed around," adds Bunville, a detective in Area Central who has been on for 23 years. "We can speak for the police department. We can solve things all together, because one person cannot do it by themselves."

Ray, who works in 009 and has been on for nearly 25 years, sees that a seat at the table can set the table for what members have been missing since the current mayor mucked it up starting four years ago.

"We need to get the right candidates in City Hall to be able to let the police department do what we have to do," Ray asserts. "So if you are a police officer and you see a candidate that fits your profile, it's very important you vote so that candidate can represent you in City Hall and at 35th Street."

### Infinity War

The City Council having boots on the ground in the form of Chicago Police Officer alderpersons could be of unprecedented value. As Bunville walks the 6th Ward Englewood neighborhood where she grew up, still lives and worked in the 6th District, she sees a crime-reduction opportunity with many of the doors she has knocked on during the campaign.

Bunville suggests having more gun buyback events and providing more gun locks. Also through working for Ada S. McKinley, Bunville has been applying her therapist training to promote better mental health. It's not hard for her to make the connection between mental health issues and crime.

So while this is not about personal gain, for Bunville, like all of her fellow members running for the council, it's certainly personal.

"I am not a politician. I am for the people," she states. "They want to live somewhere safe. They want to live somewhere nice. I want the same thing."

As Cosentino recognizes about Bunville — "She's awesome" — he extols the efforts that all the Lodge 7 members are putting in on the campaign trail. Using their own time, spending their own money, making phone calls and ringing doorbells indicates just how bad they want it.

## 2023 CITY ELECTION VOTER'S GUIDE

So much so, in fact, that Venegas and Chico are running for the same seat in the 10th Ward. And both are uniquely and supremely qualified. That said, let's take a closer look at more of these Lodge 7 members:

- **Venegas:** A volunteer with the Chicago Park District as a kid segued into now serving in her 16th year in the Department. She is a longtime resident of the 10th Ward and an attorney who specializes in family law. Venegas and her husband are also foster parents.
- **Chico:** Starting his professional career working at United Way raising funds to improve communities in need led to working at the Cook County Sheriff's Department and now in 004 as a district intelligence officer. He is a lifelong resident of the 10th Ward and a leader and participant in many community organizations.
- **Ciaravino:** A lifelong resident of the 11th Ward, he has served with the Department for more than 25 years and is a crisis intervention team member. He is also a CAPS officer. In his volunteer role as president of Armour Square Park's Advisory Council, he has organized local residents and recruited businesses to find funding for park improvements.
- **Crump:** A 23-year officer who currently works in the Field Technology and Innovation Unit, Dr. Crump is following up her run for state rep in 2022 with what Cosentino calls an incredibly well-organized campaign. "She's a freight train," Cos comments. Living in her family's 128-year-old home in the 16th Ward, Crump's improvement plans focus on bringing academic excellence to schools and attracting more businesses, restaurants, hotels and theaters to a thriving ward.
- **Cummings:** A Lodge 7 member for more than 30 years, he retired as a CPD sergeant in 2021 after 35 years on the job. Cosentino describes him as a dedicated officer who has helped so many people. Cummings says he will donate the first \$50,000 of his salary back to the 19th Ward by creating internships and supporting local nonprofits and community organizations.
- **Maddox:** Making her second run to represent the 20th Ward, she retired from the Department after 26 years. While working two jobs and being a single parent, in 2009 she set out to provide a haven for young people by creating an after-school program using her own money. That has grown into "Future Ties," which provides after-school programming five days per week for about 40 elementary school students in the Chicago Woodlawn area.
- **Goree:** In her nearly 25 years on the job, she has received numerous commendations from the Department, as well as a Crime Reduction Award. A board member of several community organizations in the 21st Ward, Goree has received the endorsement from Alderman Howard Brookins Jr., who is not seeking reelection in the ward. Alderman Derrick Curtis, who is endorsed by Lodge 7 in the 18th ward, also supports Goree's run.

Clearly, City Council needs more alderpersons like these. And like Ray.

Cosentino remembers hearing about Ray and meeting him in passing when he worked the desk in 010. Ray was known for running a toy drive for kids in the 37th Ward — where he is running — and other neighborhoods that he financed from his salary.

Ray decided to run because the current alderperson, Emma Mitts, did not provide the accountability and transparency he thought residents deserved. When Ray heard that a local big business was not meeting the pledges it had made to move into the ward, Ray formed the Humboldt Park Community Coalition and conducted town hall meetings to marshal the residents.

Ray has compiled a 21-component plan to reduce crime in the City that has been almost 10 years in the making. One of his objectives, if elected, will be to look at policies that are causing excessive trauma to officers, which he believes has a direct correlation to the increasing number of suicides in CPD.

"I think people are glad to see somebody else is running," Ray declares. "This is going to be an exciting race because a lot of people are tired of Lightfoot. I can see the buzz going around."

Perhaps the buzz is because this group of avengers wants to end the Infinity War of the past four years and make it better for their sisters and brothers. So let everybody know they need to vote.

Because the Guardians of the City are on the case.



Dr. Carolyn Crump, 16th Ward



Michael Cummings, 19th Ward



Jennifer Maddox, 20th Ward



Daliah Goree, 21st Ward



Howard Ray, 37th Ward

# In Paul We Trust

## Lodge 7 endorses Vallas because he is the man who actually has a plan

■ BY MITCHELL KRUGEL

Far away from the campaign trail, the Chicago Lodge 7 leadership and political action committee held its face-to-face meetings with some of the candidates running for mayor. Candidates who had already exhibited a keen understanding of the City's crises, and ones who had real ideas to address them. Candidates who didn't just want to pass blame around and take shots at others running. Candidates who appeared to be truly mayoral.

Each meeting lasted nearly an hour. Questions from the Lodge asked a lot about the public safety crisis. And how to restore the City to the level where Chicago Police Officers who have to live and raise their families there can feel safe and optimistic.

There was no blowing smoke. There was a candidate who did not tell Lodge 7 leaders what they wanted to hear, but what they needed to hear.

"It was just so clear that Paul Vallas actually had concrete answers, he had proven solutions and he had proven fact-based realities," Lodge 7 Political Director Mike Cosentino reported. "There's a practicality in everything he says. And it's not everything we want to hear. As a committee, if we ask somebody 15 questions and they agree with us on everything, well, most likely those things aren't going to come true come after the election



or when we're going to need them most. But he had the courage in a room full of people who were going to either endorse him or not endorse him to tell us, 'Well, that's not actually how it is.' You have to give somebody credit for that."



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## 2023 CITY ELECTION VOTER'S GUIDE

Vallas has emerged as the frontrunner among the nine candidates not by pointing fingers and just saying, "Lori's bad. Lori's bad." When the candidates met for WGN's Mayoral Forum at the end of January, Vallas again established himself as the most prepared candidate with real plans to address Chicago's challenges. Meanwhile, Lori failed to name a single new idea on public safety.

In his meeting with Lodge 7, Vallas revealed his plan to convert money spent on private security for the CTA to a more qualified police detail. And he impressed Lodge 7 with his understanding of the intricacies of the Department. Some of that no doubt came from serving as an unpaid consultant helping the Lodge negotiate Phase One of its new collective bargaining agreement.

"He definitely knows that one of the major problems with the Department is our structure," Cosentino added. "How we deploy officers, how we structure our hierarchy of the police department. He gets it. He absolutely gets it."

No candidate has the type of experience that will rise above politics to focus on governing and help the City recover like Vallas. From 1985 to 1990, he led the Illinois Economic and Fiscal Commission. From 1990 to 1993, he served as municipal budget director under Mayor Richard M. Daley. Vallas also served as CEO of the Chicago Public Schools from 1995 to 2001, where his work was cited by President Bill Clinton for raising test scores, balancing the budget and expanding alternative, charter and magnet schools.

On his mayoral candidacy website and anywhere else you read, however, Vallas leads with his plan to return CPD to its core mission to serve and protect the people of Chicago.

"Confronting the city's crime problem and ensuring our residents' safety is my top priority," he noted.

He sees what Lodge 7 members see, that murders were up 41 percent and the number of people shot increased was up 33 in 2022. He wants to be the catalyst in doing something about the number of stolen vehicles reaching almost 22,000 last year, double that of 2021.

Among other goals, Vallas is calling for and pledging the immediate dismissal of Superintendent David Brown and his leadership team.

"I will do so on the first day as mayor and will appoint a new interim superintendent," Vallas is quoted as saying. "I will also assemble a new leadership team from within the Chicago Police Department of accomplished men and women who have been successful police officers and have supported the rank and file."

Vallas also says he wants to end the so-called "merit" promotions based on who you know and make them based on objective performance criteria, demonstrated competencies and experience-based expertise. He has plans to rebuild sworn officer staffing to the fully appropriated 13,500 level that existed when he was the city budget director and rebuild the detective ranks to 10 percent overall staffing. And he wants to supplement the detectives' divisions with hundreds of retired police officers to become analysts to aid the clearance rates and assure that witnesses and victims are protected.

"If you listen to what he says, it's just, it's unbelievable. We're not the enemy," Cosentino commented. "And unlike Mayor Lightfoot, he is actually going to hold other politicians accountable. From what you read and what I hear, Paul Vallas knows how to run a city."

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# Picture Perfect

## Bob Baikie always left us laughing

■ BY MITCHELL KRUGEL

Expected tension, drama and even conflict coming to Lodge 7 at the members meeting on Dec. 21, 2022, gave way to laughing at how Bob Baikie dressed for the occasion. Clad in a Santa hat and a comical Christmas shirt complete with the holiday tie seemingly painted on, Bob cast an image that reminded how not to take life too seriously.

Bob could bring light to any room he walked into, any event he attended. He exuded that classic Chicago cop humor, with an omnipresent joke and a smile. He made everybody around him feel happy, kind of in the way Bozo did for kids at the circus all those years.

For most of the past seven years, one of Bob's side gigs included taking photos for *Chicago Lodge 7 Magazine*. His love for photography no doubt started with photographing crime scenes as a CPD forensic investigator. Bob always joked that most of his photos for the magazine were in focus.

Nobody understood that a picture was worth a thousand words better than Bob. Capturing Lodge 7 members on film in their most memorable moments was his other way of making everybody happy.

The image of Bob with a smile and a joke on his lips will live on forever, well past Jan. 21, when he was called up to serve in heaven. Apparently, Bob passed due to suffering a heart attack. Seems ironic, doesn't it. The man had a heart so big, but perhaps God needed one like that upstairs to give Bob even more opportunity to spread his unique brand of cheer.

So many members knew Bob from his 32 years with CPD and more than 40 years on the job. After he retired from the Department in 1998, another of his side gigs was working in the Chicago FOP Gift Shop. That gave him the opportunity to do what he loved most – be with coppers, sharing a laugh and one of his witticisms.

Some of them posted heartwarming tributes to Bob that would have meant so much to a man who handled more than 2,000 homicides in his career.

Fellow retiree Ron Palmer wrote:

“To say Bob was one of a kind is a true understatement. I worked many homicide scenes with Bob and his wit and wisdom were always appreciated. A true professional.”

Retired PFI Larry Krause, who worked with Bob at the CPD crime lab, extolled:

“When I retired, I missed Bob's ‘Baikieisms.’ But I'm sure the Good Lord will enjoy them now!”

As meaningful a tribute as any came from Cook County Associate Judge Rosemary Grant Higgins:

“Bob was a witness for the prosecution in a number of my jury trials. His knowledge, precision, preparedness and natural rapport with the jury was always an anchor in the case. It was

an honor to work with Bob. Thank you Bob for your contribution to justice.”

Bob was not just adept at producing images with his camera. He could whip up a crime scene drawing with uncanny exactness. And those who knew him best marveled at his seemingly boundless energy and a gift of gab that could go on like the Energizer Bunny.

At this point, it is important to share a message from Bob he posted on his LinkedIn page that further defines his calling.

“Enjoy working alone or with others. My life's philosophy is the Golden Rule. We all bring happiness to everyone we come into contact with.”

When asked to consider his legacy, Lodge 7 President John Catanzara immediately evoked Bob's sense of humor and propensity for a laugh. But then Catanzara quickly defaulted to another aspect of Bob's omnipresence.

“He was all about the fraternalism part of it,” Catanzara commented. “He literally would do anything the FOP asked him to do.”

Bob loved doing photos of the officer award winners at the monthly Lodge 7 members meetings. He would get each award

winner an individual portrait or photos with their family members who had come to enjoy the honors. There are so many pictures of coppers with their kids hanging in living rooms across the City because of Bob.

And one of his final acts for the FOP came on Dec. 21 when the members meeting was held for candidates for Lodge 7 board positions to sign up. When it came time for members to pull petitions to run for office, Bob was ready to serve. He said he might run for trustee but then stepped up to throw that Santa hat in the ring for sergeant-at-arms.

Once again opening his heart.

Rest in peace, Robert Baikie. The image of you smiling and joking will be in our hearts forever.



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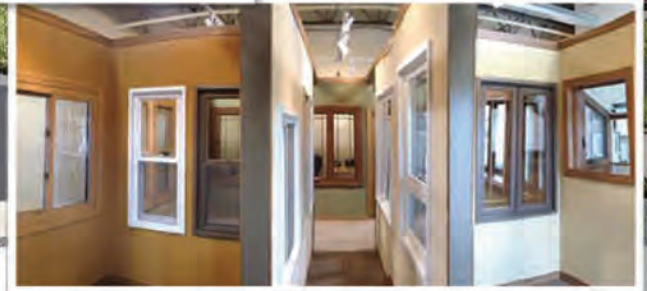
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# Members Only Section

Celebrating Lodge 7 members and the way they serve every day

## Answering the Call

### Members of the 3rd District help seniors in the community

■ BY ESTHER GONZALES

“Call us” is usually one of the first things you will hear 3rd District Senior Liaison Officer Nidia Rivera say to the numerous seniors she talks to.

For the past two years, Rivera has built relationships with seniors in the 3rd District. Often, this entails checking a database and giving a wellness call to inquire if they need anything. During routine calls on Jan. 18, one man expressed he needed water.

Without hesitation, Rivera and her partner purchased cases of bottled water and carried them to a local home for seniors with disabilities.

“When they need something, I get it for them,” Rivera remarked. “Because I hope that when I get old and I need something, someone will bring it to me. You know what I mean?”

When they first arrived, a security guard questioned why they were there, because he thought maybe something had happened. When Rivera related that they were simply bringing a resident some water, he seemed surprised at the gesture.

When the resident, who was in a wheelchair, slowly opened the door and saw Rivera, he was surprised, too.

“He was like, ‘I didn’t think you were going to bring it,’”

Rivera noted. “I’m like, ‘You said you needed it.’ And he just smiled.”

Seeing his smile from helping even in this small way impacted Rivera.

“Honestly, it makes me feel really, really good,” Rivera related. “Because it’s sad that he doesn’t have anyone to bring up some water. For me to be able to do that, it means a lot.”

Then Rivera’s phone rang.

It was another senior citizen, one whom she had spoken to previously. After giving this elderly woman a new car lock for her vehicle, Rivera had told her, “Call me and let me know when we can come over, and we’ll help you out.” So she did.

When Rivera and her partner arrived at the senior’s house, they adjusted the lock on her vehicle and ensured it worked properly.

It was another small gesture that Rivera seemed more than willing to do, because it was her way of telling these seniors, “I appreciate you.”

“She was very happy,” Rivera added. “Because a lot of these seniors don’t have anyone to help them do the smallest things. I think that we should be giving back, especially here. I’ve been in the same district for 18 years by choice, because I feel like this is my home, as well. I’m always here.”



# Driving Crime Prevention

Lodge 7 members raise awareness in the community to take action to ward off vehicle theft

With the recent uptick of vehicle theft rates and carjackings in the City by a ring of offenders, CPD members have gone the extra mile to ensure residents take precautionary measures against these crimes. Throughout the months of January and February, members encouraged residents in their communities to attend Vehicle Safety Day, illustrating to residents that their safety is members' number one priority.

"It's bringing a lot of awareness to our residents in the City of Chicago," 12th District Sergeant Michaelene Johnson noted. "I really hope that it helps to alleviate the problem and encourages the community to participate with the police. It's one of my priorities, and I want the community to be on a better basis with the police."

Specifically for Kia and Hyundai vehicle owners, districts partnered with local car shops to offer club steering-wheel locks and register catalytic converters.

Johnson explained that this type of prevention is one that has never been done before, but it is certainly helpful. In the past, when apprehending suspects, there was no way of tracing the converters back to the victims. Now, with a permanent etching of a unique identifier, that will be possible.

Members also handed out club steering-wheel locks as an ex-



tra preventive measure.

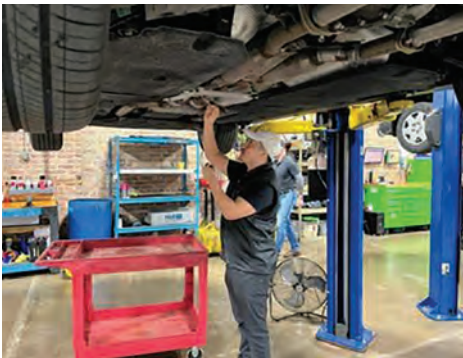
"We're being asked every day about [the steering-wheel locks] because it's a good deterrent," 10th District Officer Adrian Estrada explained. "We took one to one of our elderly residents here in the neighborhood who was a victim of an attempted robbery. And we've had other people in the community come in to keep their vehicles safe."

Passing out vehicle safety flyers, members also relayed important tips: Always keep your doors locked, don't keep anything valuable in your car and participate in beat meetings.

As residents waited for the converters to process, a team of CAPS officers spoke one-on-one with them. Members discussed the uptick in crime to raise awareness and listened to what residents had to say.

Estrada and Johnson noted just how impactful it was to bring the community together in hopes of keeping them safe.

"We're getting to know them one-on-one, so it is building a partnership," Johnson added. "We get to know them by name, introduce ourselves to them and explain to them what our office does. So it's more of a one-on-one, which was lacking before."



Members of the 12th District assist residents in checking the catalytic converters in their vehicles.



Members of the 10th District give away club steering-wheel locks to residents.



Members of the 6th District assist residents in preventing vehicle theft.



Members of the 7th District set up a table to welcome residents to pick up a club steering-wheel lock.

# 10th District members pay it forward

Upon hearing that several vendors on 26th Street were robbed, two Chicago residents decided they wanted to find a way to help. Specifically, they wanted to give back to a senior citizen to alleviate the stress of perhaps not being able to provide for his family due to this incident.

Together, they donated \$400, and three 10th District CAPS officers presented half of the donation to a senior citizen vendor on Jan. 22.

“He was crying on the phone,” CPD Sergeant Leila Ruiz expressed. “He was very emotional. You could hear his voice cracking over the phone. He was just so grateful that we were able to do this for him and that there’s actually good people out there, willing to help those who are in need.”

And two residents simply wanting to do good opened the doors for these officers to build a stronger relationship with the community.

When the vendor, who had been robbed at gunpoint, greeted Ruiz and CPD Officers Robert Brown and Maria Salgano, he expressed his immense gratitude. And declared he would help them in any way possible.

“He was just so happy,” Ruiz described. “He was like, ‘I’m here to serve the Chicago Police Department. I’m here for anything you may need.’ He was ecstatic just for us to even think about him in that way, knowing that he had experienced this bad situation.”

Ruiz related that being on the job is hard. Especially when you deal with constant negativity and people in crisis. But when you have this kind of support from the community members, it



truly does make a difference.

And this pay-it-forward moment seems like a perfect reflection of that.

“We were able to provide this man with people who contacted us, wanting to give him their hard-earned money, knowing that he can utilize these funds,” Ruiz added. “We do it out of the kindness of our heart. We do it because it helps us continue to do our job even better.”



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# 015 officers remember Clifton Lewis

It's been more than 10 years since 15th District Officer Clifton Lewis was killed in the line of duty on Dec. 29, 2011. But although he is gone, he is never forgotten.

On the 11th anniversary of his death, Chicago Police Officers gathered to remember him.

Lewis was shot and killed while trying to prevent a robbery at a grocery store on North Austin Boulevard. He was working security at the store when three men fired their weapons at him.

Since that day, the three men have been charged in his death, but it does not bring back Lewis, who was described by his family and friends as taking pride in serving his community. He is survived by his daughter, mother and fiancée.




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# Chicago Police Soccer Club honors fallen officer

When an officer dies, it's easy to talk only about the way they died, but maybe not how they lived.

Chicago Police Officer Elena Bilyarska lived. Just a few days after her death on Dec. 29, 2022, the Chicago Police Soccer Club gathered to remember Bilyarska and her love of the sport.

When she wasn't playing soccer, she was protecting and serving her community, and that's how Bilyarska will be remembered.



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# Cops and the Community

Chicago Police Officers began 2023 on the right foot when it came to connecting with the community at celebrations and everyday activities. That included the always-important engagement with children to build strong, positive bonds that instill the right perspectives about the police always being there to help.



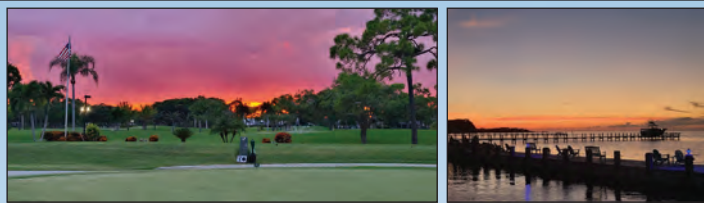
18th District

Thanks to an invitation from DePaul University, 18th District officers attended the school's 2023 Lunar New Year Gala and witnessed the celebratory festivities.



22nd District

Keller Regional Gifted Center welcomed friendly 22nd District officers, who shared safety tips with young students, including how to get help during an emergency. A few lucky kids even got to try on police gear.



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**12th District**



In 012, Officer Amanda Cruz and a few of the district's Youth Explorers enjoyed an afternoon of board and card games as part of a regular calendar of activities.



**10th District**



In the 10th District, CAPS officers were the center of attention during Heroes Day at a local day care center. Children got a chance to meet their police heroes and one of their K-9 companions.

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# Points of Impact

IMPACT Physical Therapy presents treatment and care that help police officers deal with their pain

■ BY ESTHER GONZALES

After spraining his ankle playing in a softball game, a police officer walked into the IMPACT Physical Therapy clinic searching for the best solution to deal with his pain. Like many officers who enjoy an active off-duty lifestyle, the questions complicating the situation included “How fast can I make this pain go away and stay away?” and “How long will I be off duty?”

IMPACT physical therapist Courtney Dynes related a story about another officer who had suffered a concussion on the job and came into the clinic. His head pounded in pain from the effects of the injury.

Dynes has seen numerous situations like this. Patients often ask how the cutting-edge approaches at IMPACT can reduce their pain and enhance the recovery process so they can feel better before they walk out the door.

Her response evokes the reason IMPACT has seemed to help people from all walks of life, including students, athletes and police officers.

“IMPACT is here to help with anything when it comes to a musculoskeletal or even a vestibular issue,” Dynes explained. “Even if you’re really not sure what to do, we come up with programs and tips that can help throughout the day. Then we’re here whether you need a tune-up, recovery or PT to address what’s really causing the pain.”

The unpredictability of the job is evident, with officers sustaining injuries ranging from joint pain to strained muscles to herniated disks. IMPACT showcases a variety of modern and innovative procedures to help officers get back on the job. As a continuum of care, IMPACT’s patented Chicago Recovery Room serves as a state-of-the-art recovery oasis.

Catering specifically to each patient, IMPACT provides the best possible treatment plan.

“I feel like we’ve got to help our patients understand that it’s not necessarily a rehab that’s going to take them out of the job for a month or two months,” Dynes remarked. “It’s an issue that they can address and just feel better. It’s not a drastic situation that they’re coming for. It’s a feel-better situation.”

There may not be a magic potion for addressing and alleviating pain when it comes to the demands of the job. But IMPACT has developed a service with high-end clinicians equipped with the expertise to create a personal treatment plan for anybody who comes their way.

This is how IMPACT can make a long-lasting impact for members.

## Creating an impact

In January 2016, physical therapists Sarah Jensen and Maria Dussias founded IMPACT upon the principle of providing patients with a culture of clinical excellence. As a physical therapist for nearly 20 years, Jensen wanted to create a clinic where patients remained the top priority, to really create that atmosphere and mindset. That has remained at the core of IMPACT, whether caring for patients or recruiting potential clinicians.

“It’s about having a clinician who is going to try and get you the very best outcome,” Jensen explains. “And it’s having the eye to do that, the differential diagnosis skills, the clinical reasoning skills and mentorship with your clinicians in order to get them there.”

IMPACT clinicians specialize in treating countless ailments, in-



IMPACT Physical Therapy clinicians provide patients with a 30-minute tune-up session to relieve muscle tension.

cluding chronic pain, headaches, pinched nerve pain, and pain in the ankle, foot, knee, hip, shoulder, back and just about

any other part of the body. From the very beginning of the intake process, IMPACT clinicians work with their patients step by step until they are feeling well enough to transition back to daily activities. And with an array of services like ACL rehab, concussion rehab, neurological rehab and spine rehab, each treatment plan is customized for a patient’s unique needs.

“We’ll take a look and give you the recommendations,” Jensen related. “Like, ‘I think you’d benefit from physical therapy’ or ‘Hey, I really think that you should see a physician because you should get some imaging on whatever body part it might be.’ Or ‘You know what? I think with some recovery sessions, over time, you’ll be able to achieve X, Y and Z goals.’”

Having a family member on the job, Dynes wanted to provide high-quality care especially for police officers, as well as their family members. So when Jensen approached her five years ago with the opportunity to open a clinic in Oak Lawn — not too far from where many Chicago Lodge 7 members live, on the City’s southwest side — Dynes embraced the chance to make an impact.

While helping get officers back on their feet, Dynes takes into consideration the specific types of challenges they have on the job.

“It’s not, ‘Here, you can climb stairs now, go back home,’” Dynes submitted. “It’s, ‘OK, you have to be able to run up these stairs. You have to be able to jump over this hurdle. You have to be able to walk for a long period of time and stand on your feet. You have to be able to run. You have to be able to simulate the recoil.’ We take all of that into consideration and try to simulate the best we can within the clinic.”



## Lasting impact

Jensen and Dynes believe in taking the time to listen to their patients' needs, and that begins with the first visit to IMPACT.

Before the intake process, members can expect to receive a tour of the clinic to see the vast number of resources available for their recovery journey. Taking a proactive approach toward recovery, IMPACT clinicians suggest tips and methods for improving mobility throughout a workday and encourage specific home exercises for their patients to begin before their next physical therapy appointment.

"It's never about sidelining an officer," Dynes submitted. "It's more about keeping them moving and doing what they can do in consideration of their current injury. And ultimately, I think that just helps with their general well-being and mental state, too."

At times, Jensen and Dynes see officers walking into IMPACT without a debilitating injury, but they do feel sore. And that is where the Chicago Recovery Room plays an instrumental role across the rehabilitation spectrum.

Many officers take advantage of the hands-on tune-ups when their back or hip muscles feel tight. After a 30-minute massage or hands-on stretching, their pain is relieved.

Dynes has also seen officers utilize the ice plunge pool after experiencing high stress on their special detail units. Plunging in the 50-degree pool alleviated their soreness and provided a much-needed chance to decompress.

In another part of the Chicago Recovery Room, Dynes has seen officers and other first responders who were preparing for a marathon and wanted to reduce their post-exercise soreness. They visited IMPACT to partake of the Nomatec compression boots, which pump lactic acid out of their muscles and relieve that tension.

Even in the recovery room, the impact for members is evident. At all times, a clinician is standing by to assist in any manner necessary.



The ice-cold plunge pool is one of the modalities in IMPACT's Chicago Recovery Room that gives patients a way to feel better.

"Even if [patients] come in to use the boots and the cold tub, sometimes they're like, 'You know what? This arm of mine, this shoulder, is nagging me. What do you think this is?'" Dynes related. "We always pull them aside, check it out and let them know what we think is going on. So there's always a resource here."

So what better place to stay in shape to stay on the job than IMPACT?

"There are just so many touch points that we offer," Dynes added. "Specifically, we're just trying to offer more to the police officers because we value them. We want to keep them safe and keep them able, because we have their interest at hand."

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